

PRE-PROCEDURAL DIRECTIONS

- All tattooing can be a multi-session processes to achieve the color and detail desired.
- A detail visit may be scheduled in approx. 6-8 weeks. Maintenance visits thereafter varies.
- While tattooed colors may initially simulate the color and tone desired, they will not always remain a perfect match. Tattooed colors continue to fade in the skin due to the nature of our skin, body chemistry, skin products and environment.
- Refrain from the use of alcohol, aspirin-containing products, including ibuprofen, aspirin, Tylenol etc., and vitamins A and E and fish oil for 3 days before your procedure. These products thin the blood. Note: Never discontinue use of any medication that has been prescribed by your physician without his/her consent and inform your technician in the event continued use is required.
- If you donate blood, it is a Red Cross policy that you must wait one year after. Check your state rules.

POST-PROCEDURAL DIRECTIONS

- After 4 hours (no more than 8 hours) remove the non-stick pad. Rinse gently using a mild soap and clean fingertips.
- Don't let your freshly tattooed areola touch your bra directly for a few days. Use non-stick pads the first day and change every few hours as needed, then on the second day use cotton pads thereafter for a few days as a barrier. Remember air is good.
- If dressing sticks, apply water to loosen. The main goal is to let your skin breathe. Be free as possible for first 48 hours to let area breathe.
- For the next 4-5 days 2 xs a day: Using clean cotton swabs or clean fingertips with mild soap clean area then apply a light layer of Aquaphor or fragrance-free lotion. Use cotton pads for a few days as a barrier between you and your bra or shirt. You may continue to keep lightly moisturized until flaking has stopped- (a couple weeks).
- No heavy exercising for 48 hours.
- You must keep your tattoo clean, however, long showers or baths/shower must be avoided for 2 weeks. Prolonged soaking can and will loosen scabs if any have formed or will soak through the soft tissue causing color loss. No swimming in the ocean or a pool, hot tubs, and saunas for 10 days. Short showers are best, under ten minutes if possible.
- Please refrain from scratching or picking at the tattoo. Scrubbing with a washcloth can be very harsh on a tattoo and will cause your colors to fade. Disrupting the tattoo while it's healing can also cause scar tissue. It is normal for the tattoo to become very itchy during the healing time. Use your moisturizer.
- Sometimes for various reasons a tattoo will become infected. If any of the following symptoms are present after having a tattoo infection is possible. Increased pain, swelling, redness, excessive bumps/pimples, heat, or tenderness around the tattoo, red streaks extending from the area, pus coming from the wound, swollen or tender lymph nodes, or fever are all indications that an infection has occurred. Stop any after care products and the sooner an infection is addressed the better. See a doctor and please advise us of this.
*Don't use Neosporin, Bacitracin etc.

HEALING AGENDA

- Day 1** The areola(s) are approximately 20% to 25% darker and bolder in width than when healed. Your skin is red under the pigment that causes the color of the pigment to appear darker. There is some swelling. This will subside. Exfoliation, which begins in a few days, will cause the excess pigment surrounding the procedure to flake away. New skin will heal over the pigmented area and result in a softer appearance.
- Day 2** Conditions remain the same.
- Day 3** Possible itching. Areola may look a bit thicker in texture. Exfoliation begins.
- Day 4** Exfoliation is in process and small particles of pigment flake off.
- Day 5-8** Color finishes flaking off and you will see a softer, however grayer effect for a few days until the color clarifies.
- Day 8-21** Areola tattoo can be dry. Continue using moisturizer